

We thank you and congratulate you for choosing BOS products, designed and developed by enthusiasts, and handmade with care in France.

Please refer to the user manual available in the download section at [www.bosmtb.com](http://www.bosmtb.com). It contains the important safety, maintenance, and warranty information you will need in order to safely install and use your BOS suspension as well as detailed set-up, tuning, and service information.

Good knowledge of your BOS product will make its day to day usage more enjoyable.

## Air pressure

Whatever your weight, the air pressure should be between 175 and 240 psi.

*Note : Given pressures are for guidance only. You can adjust it  $\pm 10$  psi according to your use and your riding style.*

### Recreational use

Weight (kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
Pressure (psi)	175	180	185	190	195	200	205	210	215	220

### Racing use

Weight(kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
Pressure (psi)	180	185	190	195	200	205	210	215	220	225

## Balancing air chambers

It is important to balance the pressure of the air chambers during each pressure adjustment to ensure optimum performance. To do this, compress and slowly release your fork for the first 10 mm of travel a dozen times.

**Starting point adjustments :** To start your adjustment, turn the knob clockwise until it stops (=clic 0). Then, clicks are counted turning the knob in the counterclockwise direction.

### Recreational use

Compression (A): 15 clicks

Rebound (B): 18 clicks

### Racing use

Compression (A): 8 clicks

Rebound (B): 15 clicks

