

We thank you and congratulate you for choosing BOS products, designed and developed by enthusiasts, and handmade with care in France.

Please refer to the user manual available in the download section at [www.bosmtb.com](http://www.bosmtb.com). It contains the important safety, maintenance, and warranty information you will need in order to safely install and use your BOS suspension as well as detailed set-up, tuning, and service information.

Good knowledge of your BOS product will make its day to day usage more enjoyable.

**Air pressure**

Whatever your weight, the air pressure should be between 155 and 230 psi.

*Note : Given pressures are for guidance only. You can adjust it  $\pm$  10 psi according to your use and your riding style.*

**Recreational use**

Weight(kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
Pressure (psi)	155	160	165	170	175	180	185	190	195	205

**Racing use**

weight(kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
pressure (psi)	160	165	170	175	185	190	195	200	210	215

**Balancing air chambers**

It is important to balance the pressure of the air chambers during each pressure adjustment to ensure optimum performance. To do this, compress and slowly release your fork for the first 10 mm of travel a dozen times.

**Starting point adjustments :** To start your adjustment, turn the knob clockwise until it stops (=clic 0). Then, clicks are counted turning the knob in the counterclockwise direction.

**Recreational use**

- Low speed compression (A): 15 clicks
- High speed compression (B): 18 clicks
- Rebound (C): 18 clicks

**Racing use**

- Low speed compression (A): 10 clicks
- High speed compression (B): 20 clicks
- Rebound (C): 16 clicks

